

Rutgers Cooperative Extension Burlington County 4-H Office P.O. Box 6000 Mount Holly, NJ 08060



## HEADLINES



The 2010 Burlington County Farm Fair is just around the corner!

**Happy 150th Birthday** 

**Lumberton Township-**

**Thanks for** 

the Memories!

See inside on pages 3-4 for important dates and times for Farm Fair events. Mark your calendars, plan your days and don't miss out on the fun!



#### Special offer for Trenton Thunder game tickets!

The New Jersey Farm Bureau is sponsoring Farmer's Appreciation Night (it's also \$1 Dog Tuesday) at the Trenton Thunder minor league baseball game on August 24, 2010. Game time is 7:05 pm. Tickets are \$10.00. (Parking is \$3.00/car.)

Burlington County 4-H Teen Council is going. If your club members would like to attend, you must send your order to the 4-H office by July 16, 2010.

Call the 4-H office for payment information or any questions.

#### **SUMMER 2010**

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Website:

www.co.burlington.nj.us/4h

E-mail:

4-Hyouth@co.burlington.nj.us



## Letter from the Agent



Dear 4-H members, Volunteers, and Parents,

Summer is here! Now is the time to enjoy your favorite summer fun activities. Plan to come to Farm Fair beginning Wednesday, July 21, through Saturday, July 24. It promises to be a good time for the whole family. Visit all the tents and challenge yourself to meet at least three new 4-H members during the Fair. Check out the activity schedule listed in this newsletter. You can also check the website <a href="https://www.burlingtoncountyfarmfair.com">www.burlingtoncountyfarmfair.com</a>. See you there!

Yours Truly,

Floria Truft

Gloria Kraft

County 4-H Agent

Check out the <u>new</u> "New Jersey 4-H Cloverbud" logo.





"Where are The Now?"

Burlington County 4-H Alumni Search

Hello Fellow 4-Hers,

My name is Jess (Alumni Clogger) and I need your help with gathering your information about where the Alumni are today. There is a simple and short form that I would appreciate you filling out and sending it back to me (jam415nj09@yahoo.com) or the email given on the form. We would like to gather a collection of photos as well. Any picture would be helpful, whether its a current photo or when you were in 4-H. I am looking for both! They can be emailed to me or mailed. (Just email me and I will provide my address) I just ask that you send a caption of when and where the photo was taken. If anyone has any questions please feel free tο contact

Thank you so much for your time, and I look forward to hearing from you,

Jess Zappley jam415nj09@yahoo.com

#### MISSION STATEMENT

The Rutgers Cooperative Extension 4-H Youth Development Program uses a learn by doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.

The mission is accomplished by using the knowledge and the resources of the land grant university system, along with the involvement of caring adults.

Headlines is published five times a year: January, April, June, August and September.

Club reports, photographs, news and announcements may be submitted to Kelley Sennstrom

By e-mail:

KSennstrom@co.burlington.nj.us

By standard mail: Rutgers Cooperative Extension 4-H Youth Development

PO Box 6000

Mount Holly, NJ 08060

By Fax:

609-265-5613

In person:

4-H Office, 2 Academy Drive,

Westampton, NJ 08060

The next submission deadline is August 19, 2010.

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.



## Farm Fair Events Highlights



#### WEDNESDAY, JULY 14, 2010

10 am to NOON Paint the Barrels

5 pm to 7 pm Paint the Barrels

**TUESDAY, JULY 20, 2010** 

#### 4:00 pm

Club Booth Decorating- 4-H Exhibit

Tent Entrance Decorating

#### 6:00 pm

4-H Poultry Show- Poultry Tent WEDNESDAY, JULY 21, 2010

#### 9:00 am

4-H Exhibits Judging- 4-H Exhibit Tent

4-H Prep Fun-Horse Ring

Dairy Goat 4-H Show and Costume Parade

#### 1:00 pm

4-H Exhibit Tent Opens

#### 4:00 pm

Challenge of the Clubs- Horse Ring

#### 7:00 pm

Farm Fair Opening Ceremonies- Show Tent

#### 8:00 pm

Future Farm Fair Queen Parade (Girls ages 5-12)- Show Tent

Farm Fair Queen Pageant- Show Tent

#### 9:00 pm

Better Milking Contest-Milking Tent

#### 10:00 pm

4-H Exhibits Close

11:00 pm FARM FAIR CLOSES



#### THURSDAY, JULY 22, 2010

#### 8:30 am

4-H Open English Show- Horse Ring 9:00 am

4-H Invitational Sheep Show- Show Tent

#### 9:30 am

Better Milking Contest-Milking Tent

#### 6:00 pm

Market Lamb Sale-Show Tent

#### 7:30 pm

Burlington County 4-H Cloggers- Show Tent

#### 9:00 pm

Better Milking Contest- Milking Tent 10:00 pm

4-H Exhibits Close

11:00 pm FARM FAIR CLOSES

FRIDAY, JULY 23, 2010

#### 8:00 am

4-H Dog Show-Show Tent

#### 8:30 am

4-H Open Western Horse Show- Horse Ring

#### 9:30 am

Better Milking Contest-Milking Tent

#### 12:30 pm

Open Holstein, Youth Dairy Cow Show and 4-H Show- Show Tent

#### 2:00 pm

4-H Dressage Horse Show- Horse Ring

#### 6:00 pm

Caring Canines 4-H Seeing Eye Puppy Show- Show Tent

#### 9:00 pn

4-H Jr. and Sr. Equestrian of the Year Contest- Show Tent

Better Milking Contest- Milking Tent

#### 10:00 pm

4-H Exhibits Close

11:00 pm FARM FAIR CLOSES

SATURDAY, JULY 24, 2010

#### 8:30 am

4-H Open Fun Day, Jr. Riders Horse Game Day- Horse Ring

#### 9:30 am

Better Milking Contest- Milking Tent

#### 10:00 am

Dress the Calf Contest-Show Tent

Burlington County Open Poultry Show (Youth followed by Adult Judging)-Poultry Tent

#### 11:00 am

Pet Show Registration- Show Tent

#### 12:00 pm

Pet Show-Show Tent

#### 1:00 pm

4-H Open Fun Day, Sr. Riders Horse Game Day- Horse Ring

#### 3:00 pm

4-H Small Animal Club Award Presentations and "Kiss the Pig" Contest-Show Tent

#### 9:00 pm

Better Milking Contest Finals- Milking Tent

4-H Exhibits Close

#### 11:00 pm END OF 2010 FARM FAIR



The complete Farm Fair schedule is available at the Farm Fair website: <a href="www.burlingtoncountyfarmfair.com">www.burlingtoncountyfarmfair.com</a>



## Farm Fair Events



# Come do the Chicken Dance at Farm Fair

Please come on over to the new Poultry Tent and join the Fancy Feathers 4-H Club in doing the Chicken Dance! F)

Keep your ears open and your feathers ready as you walk the fairgrounds. Opportunities to chicken dance will be announced over the PA system at various times during the four days of the fair. Kids will receive a ribbon that says they did the Chicken Dance at the Farm Fair. Everyone is invited to be part of this fun activity.

#### Send Farm Fair Show Results for the Next Headlines

Send Farm Fair show results to KSennstrom@co.burlington.nj.us by August 19, 2010 for inclusion in the next issue of Headlines!

#### **Parking Passes**

Parking passes for those who will have animals in the animal tents have been mailed.

Club leaders will be sent parking passes to distribute to their respective club members.

#### 4-H Alumni Search

We are looking for Burlington County 4-H Alumni to feature in a display at Farm Fair. Call the 4-H office at 609-265-5052 or e-mail 4-HYouth@co.burlington.nj.us right away for more information.

## 4-H Tent Information Booth Schedule

Below is the Information Booth schedule (as of 6/18). Please remember which time slot your club is signed up to greet the public and monitor the 4-H exhibit tent. Please be on time so that you can relieve the other volunteers.

TIME	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
10:00 – 12:00	Barnyard Bandits	Crazy Critters	Fancy Feathers		
12:00 - 2:00	Trot to the Top	Goat Gang			
2:00 - 4:00	McGuire Blue Falcons	Playful Petz	Ft. Dix Warriors	Tri-boro 4-H Riders	
4:00 - 6:00	Winning Waggers	Carrot Club	Mason Run	Young Riders	
6:00 - 8:00	Piney Poultry and Pets	Active Citizenship Club	Nature Nuts	4-H Cloggers	
8:00 - 10:00	We Love Ewes		Caring Canines	4-H Cloggers	



## Walk NJ Point-to-Point



# 4-H Challenge 2010



**Who:** Anyone who is involved with the 4-H Program, their families, and friends.

**What:** An 8 week virtual challenge to walk from High Point to Cape May Point-with a special awards event in October!

When: Pick any 8 week period between now and ending before September 11.

**Why:** To learn about exercise, be healthy, and most of all, have fun!

**How:** You can get an information and registration packet from your County 4-H office or go to <a href="https://www.nj4h.rutgers.edu/getmoving">www.nj4h.rutgers.edu/getmoving</a>

Track your progress online at <a href="https://www.getmovinggethealthynj.rutgers.edu">www.getmovinggethealthynj.rutgers.edu</a>

#### Awards:

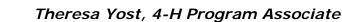
Top Group in County

Top Group in the State





Questions? Contact your county 4-H office or the GMGH team at:



RCE of Morris County
PO Box 900
Morristown, NJ 07963

Email: <a href="mailto:yost@njaes.rutgers.edu">yost@njaes.rutgers.edu</a>

Phone: 973-285-8300 x3 Fax: 973-605-8195





Website



## Completing Your Record Book



#### Does My 4-H Story Really "Tell My Story"?

Does your 4-H story really capture what you have learned and done in 4-H? Or does it just give bare facts that don't truly represent the experience you are writing about? No doubt, you have developed important life skills, like teamwork and concern for others. So let your story tell that! Before you sign off on your 4-H story, ask yourself some questions: Does my story just include the basic details (who, what, where, when, why)? Or have I included the life skills I learned through the experience? Refer to the Targeting Life Skills wheel to identify the life skills you have learned. (http://www.extension.iastate.edu/4H/lifeskills/previewwheel.html

Look at the difference between the following 4-H stories. Each one is about the same experience, but the first just tells facts, the second tells what was learned. Which one really "tells the story"?

- 1. I went to sing at the nursing home in town with my club in December. We had a good time. I learned a lot. I want to go back. We sang a lot of new songs. The people sang along with us. I will be taking my singing lessons this week. Singing is fun. I am looking forward to going back to the nursing home.
- Every month, my club performs at the local nursing home. I have learned that it is important to be organized since I arrange all of the sing along sheets. This community service project has helped me appreciate older people more and understand that each one has different needs and abilities. Through our performances, our club has learned more about cooperation, because we come together to plan and rehearse. I now have more confidence in speaking in front of others; each time we present, I talk about our club and invite the senior citizens to participate. I am proud that our club is doing this community service project and I look forward to learning more about the seniors the next time we visit the nursing home.

Which story, the first or second, best captures best what this 4-Her learned? Why?

Some life skills have been highlighted in the second story. Can you identify any others?

Now practice writing your 4-H story: First version - Just The Facts. Second Version - Life Skills Learned. Which story best captures what you learned? Why?

Through 4-H you "Make The Best Better". Let your story celebrate the best in you!

Developed by Ellen Williams, Expressive Arts 4-H Agent 1/10

#### Think Ahead ....

Your 2009-2010 4-H Project Record Books are due by <u>September 10</u> to the 4-H office.

You <u>MUST</u> get a receipt when you turn in your record book. Record books are accepted Monday through Friday, 9:00 am to 5:00 pm.





## Cookbook Fundraiser























Mix it up - Whip it up - Serve it up

and

Let's Get Cooking

Fancy Feathers and Barnyard Bandits 4-H clubs want

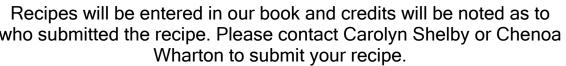
YOUR RECIPES!

We will be publishing



as a double club fundraiser.



































## Club News



#### 4-H Teens Recognized

Sarah Robbins, of We Love Ewes and Active Citizenship Club, and Rebecca Finter, of the Burlington County 4-H Players, were recently recognized through the Burlington County Times Teen Excellence Awards for 2010 for their academic achievement and community service.

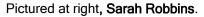




Photo courtesy of Sarah's mother, Karen Robbins.



Barnyard Bandits members marched in the Memorial Day parade on May 31, 2010, in New Egypt.

Photo courtesy of Michelle Hacker, 4-H parent.

#### Kidz Can Cook

The big cook off was so exciting! Everyone had a variety of interesting meals and drinks, but the tension was high. We sat around patiently awaiting the judge's decisions on the taste, texture and technique of the chosen delights.

Happy to report, everyone received a ribbon of some sort which brought a smile to us all, now we could calm down and enjoy the delicious morsels. Our submitted detailed award winning recipe cards will be available for your trial in an up coming recipe book at the Farm Fair. Bon Appetite!!!

Kidz Can Cook Club member,

Marina Meehan

#### 4-H'ers Hatching Project

This spring, the Brenner family, of the Fancy Feathers 4-H Club, helped the Lumberton kindergarten class with a chick hatching project. The Brenner children - **Mark**, age 10; **Jason**, age 7; and Abigail, age 5- visited the classroom and gave a presentation to the 2 classes on hatching chicks. Their presentation included parts of a chicken egg, facts about the hatching cycle and an activity and journal book the Brenners created to give to each student.

The Brenners collected fertile eggs from a few club members and took them to the school to help set them in the incubator. After the chicks hatched, the Brenners were invited to the school's curriculum fair where the chicks were the "talk of the show" with parents and teachers.

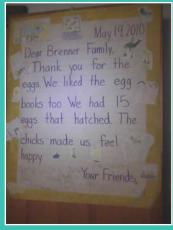
The Brenners arranged to donate the chicks to Fernbrook Education Center in Chesterfield, NJ. There they are sure the chickens will continue to promote 4-H values as many children will be able to experience the fun of chickens.



Pictured above, from left to right: Mark, Abigail and Jason Brenner.

Photos courtesy of Danielle Brenner, 4-H parent.







## Club News



#### **Fancy Feathers 4-H Club**

It's been another busy year for the Fancy Feathers 4-H Club. We are now meeting at the Burlington County Animal Shelter in Westampton because of the size of our club. Several new members have been welcomed into the club this year. They are Austin Wilkes, Blair Schuler, Nick Schuler, Kevin Grady, Colleen McMahon and Deirdre Gang.

Our February meeting started off with an amazing announcement that poultry would have its own full size tent at Farm Fair this year. The growth of the poultry project area has been incredible and the entire club was very excited. Our club has also started to obtain some cage sponsorships. Public presentations were discussed and members signed up to start doing presentations at future meetings. In March, members continued working on their project record books and several did public presentations.

Club members continued doing public presentations at our April meeting. The winners of the club logo contest were announced. Farm Fair plans were discussed. Our club will be involved in several Farm Fair events. The county 4-H poultry show will be held on Tuesday evening to avoid the huge crowds of people and to provide more of a show experience for the 4-H members involved. Cloverbud members will show separately to allow them more time with the judge. Barnyard Bandits and Fancy Feathers 4-H clubs will be sponsoring the dunk tank at Farm Fair this year.

May was a busy month for our club. The club yard sale was held in order to raise money to purchase new club t-shirts and to cover Farm Fair expenses. Our May club meeting was a bonfire held at a member's house in Moorestown. Plans for Farm Fair were discussed and then everyone enjoyed relaxing around the bonfire. Several club members were involved in a chick hatching pro-



Opening day of the Burlington County Farmers' Market. Pictured above, left to right: **Gabe Gromacki**, **Tori Britton**, and **Ben Gromacki**.

ject in a classroom in Lumberton. The project was a success and the teachers. students and parents were very grateful for our club's participation. The Burlington County 4-H cookbook fundraiser was announced as ioint fundraiser with the Barnyard Bandits. Fancy Feathers was also at the opening of the Burlington County Farmers' Market in Moorestown, NJ. Several families brought poultry for exhibit. The poultry always receives a lot of attention and support from the public and vendors at the market. Quilt raffle tickets were also sold at the market. Several club members attended the first annual Chicken Stock held in New Tripoli, PA. The event brought together poultry enthusiasts from all over the northeast for an educational and fun day.

Submitted by Carolyn Shelby, Club Leader

#### **Active Citizenship Club**

You may have seen a lovely front page article on Sarah Robbins in the Burlington County Times on June 15, 2010. If you get a chance read it! (See photo on page 8.)

We want to honor her from our Club also. She knows how to multi task and still keep smiling. Many will miss her as she goes off to college in the fall.

Active Citizenship Club sponsored The FREE Health & Safety Self Defense Course May 19th held at the 4-H auditorium. 4-Hers and Girl Scouts from Burlington County attended. It was worth the time. Getting a few tips on prevention of being a victim is a priority.

More self defense tips will be given! Wednesday August 25, 2010, 5:30 p.m.- 6:30 p.m. in the 4-H Auditorium. Self Defense by black belt, former Police officer and Karate Instructor (small donation accepted for their time) From 6:30 p.m.-7:30 p.m. Internet Safety will be presented by a police officer with content appropriate for 6 graders and up. Dangers on My Space, Facebook tips from the inside. Parents stay with younger children. Please RSVP to attend.

#### <u>Military Veterans Community Service Project Open</u> to all 4-Hers

WANTED: Hand made cards stating "Thank You for Serving". Drop the cards off at 4-H office by Monday August 2, 2010 by 8:30.p.m. You can have your friends make a card over July 4th. While hanging out at a picnic bring out the blank paper and crayons/markers get creative! Cards will be delivered directly to the deployed soldiers by a Red Cross contact.

ALL ARE INVITED TO THE PATRIOTIC PROGRAM honoring our retired Veterans Aug. 4, 2010, 5:30 p.m.-8 p.m. at the Veteran's Home in Vineland. Bring your songs, poems, and caring hands to serve root beer floats & homemade cookies. Make cookies or donate what you can to say "Thank You for Serving" to the residents. RSVP.

Contact club leader, Deborah Ryder, for more information about the events mentioned above or to confirm your participation: 609-304-5417 or deborahlryder@yahoo.com.

Submitted by: Deborah Ryder, Club Leader



## **Upcoming Events**



#### FREE New Jersey 4-H Teen Leadership Camp 2010

Youth in grades 6-12 (grade just completed) are invited to attend the annual Teen Leadership Camp, sponsored by NJ 4-H State Teen Action Council and NJ Speak Out for Military Kids. The campout is held at Turkey Swamp campground in Monmouth County, August 20-22, 2010.

Call the 4-H office for registration information. Registration deadline is August 13, 2010.

SAVE THE DATE! October 9, 2010— Barnyard Bandits 2nd Invitational Show, New Egypt Agway

### SAVE THE DATE! October 2, 2010— Pet Expo 5 at the Burlington County Library

4-H Clubs who are interested in having an exhibit at the Pet Expo must register directly with Pet Expo organizers by September 3, 2010. Contact the 4-H office for registration information.

We are also planning a pet food and supplies collection drive.

#### **NATIONAL 4-H WEEK**

National 4-H Week is October 3-9, 2010. 4-H promotional events are being planned.

# Vettaroter county stati

County	Date
Atlantic County 4-H Fair	August 5 - August 7
Bergen County 4-H Fair & and Art Show	August 24 - August 25
Camden County 4-H Fair	July 30 - August 1
Cape May County 4-H Fair & Chicken BBQ	July 15 - July 17
Cumberland County Fair	July 5 - July 10
Gloucester County 4-H Fair and New Jersey Peach Festival	July 22 - July 25
Hunterdon County 4-H & Ag. Fair	August 25 - August 29
Mercer County 4-H Fair	July 31 - August 1
Middlesex County Fair	August 2 - August 8
Monmouth County Fair	July 21 - July 25
Morris County 4-H Fair	July 23 - July 25
Ocean County Fair	July 13 - July 18
Passaic County Fair	July 14 - July 18
Salem County Fair	August 3 - August 6
Somerset County 4-H Fair	August 11 - August 13
Sussex County Farm & Horse Show/New Jersey State Fair	August 6 - August 15
Warren County Farmers' Fair	August 1 - August 7



## July and August



18 USC 707						18 US
			July			
SUN	MON	TUES	WED	THURS	FRI	SAT
			Quillington (SPO) (SNO) Charts	1	2	3
4	5 4-H Office Closed- 4th of July observed	Deadline for entries for the "Let's Get Cooking 4-H Style" cookbook, see page 7	7 Horse Advisory Meeting	8	9	10
11	12 Teen Council Meeting	13	Paint the Barrels, 10 am to Noon AND 5 pm to 7 pm	15	Deadline to order Trenton Thunder Farmer's Appreciation Night tickets, see front page	17 Small Animal Show at Lumberton Fair- grounds,
18	19	20	21	22	23	24
		Poultry Show  Club Booth decorating, Tent entrance	_ 63rd Annual Burlington County		nty Farm Fair! Se	ee you there!
		decorating, 4 pm to 8 pm				9 pm: Take down club booths; pick up exhib- its from 4-H tent
25	26	27	28	29	30	31
		July 27-29, 2010: S grades 7-13. Go to	peak Out for Military Kids http://morris.njaes.rutger registration info.	"Retreat to Philly" for rs.edu/OMK.html for		
			August			
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 Teen Council Meeting	3	4 Horse Advisory Meeting	5	6	7
8	9	10	11	12	13 NJ 4-H Leadership Camp registration due, see page 10	14
15	16	17 NJ 4-H State Dairy Show	18	19	20 4-H Teen Leadership Camp (day 1 of 3), see page 10	21 4-H Teen Leadership Camp (day 2 of 3) NJ 4-H Equestrian of
						the Year Contest
4-H Teen Leadership Camp (day 3 of 3)	23	Farmers Appreciation Night at the Trenton Thunder game, see front page	25	26 NJ 4-H State Goat Show	27 NJ 4-H State Horse Show (day 1 of 3)	28 NJ 4-H State Horse Show (day 2 of 3)
29 NJ 4-H State Horse Show (day 3 of 3)	30	31	8urlington Co 4 ~7	t sign		DON'T FORGET! 4-H Project Record Books due by Septem- ber 10th!

# Burlington County 4-H Newsletter "Headlines" is published five times a year: January, April, June, August and September Rutgers Cooperative Extension of Burlington County

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Phone (609) 265-5052

Fax (609) 265-5613

Office hours: 9:00 am to 5:00 pm



HEAD



**HEART** 



**K** HANDS



**HEALTH** 

The 4-H Pledge:

I pledge My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living,
For my club, my community, my country,
And my world.

The 4-H Motto:

To Make the Best Better!

Website www.co.burlington.nj.us/4h Email 4-Hyouth@co.burlington.nj.us