



HEADLINES



July

- 10 Paint the Barrels (rain date July 11), see page 3
- 13 4-H Day at Burlington County Farmers' Market
- 14 Fairgrounds set up
- 16 Farm Fair Exhibit tent set up and club booth set-up, 4 p.m.; see page 4
- 17-20 Annual Burlington County Farm Fair!
- 20 Tear down club booths and pick up exhibits, 9 p.m.; see page 3
- 21 Fairgrounds take down

August

- 5 Teen Council Meeting
- 7 Horse Advisory Meeting
- 10 4-H Day at Burlington County Farmers' Market
- 17 NJ State 4-H Equestrian of the Year Contest
- 22 Submission deadline for next issue of Headlines newsletter, see page 2
- 22 NJ State 4-H Goat Show
- 23-25 NJ State 4-H Horse Show

Important Dates!

SUMMER 2013

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2013 Burlington County Farm Fair



**"Cultivate the
Red, White, and Blue"**

Burlington County



Website:

www.co.burlington.nj.us/4h

E-mail:

4-Hyouth@co.burlington.nj.us



Letter from the Agent



Dear 4-H Members, Volunteers, and Parents,

Summer is here! Now is the time to enjoy your favorite summer fun activities. Plan to come to Farm Fair beginning Wednesday, July 17th, through Saturday, July 20. It promises to be a good time for the whole family. You won't want to miss this exciting four day event. Visit the 4-H Exhibit Tent to see the Robotics Club demonstrate their underwater robots in the pool!

New at the Fair this year is the plein air art competition for adults with \$200 in cash prizes. Also, there will be 21 food vendors this year! You will find everything from salads to boardwalk specialties, Cajun cuisine, corn on the cob roast, barbecue, roasted almonds & peanuts, and fried Oreos.

Inside this issue, see the latest Fair information and reminders. Check out the website www.burlingtoncountyfarmfair.com

And be sure to support the 4-H Leaders' Council Quilt Raffle in the 4-H Exhibit Tent. The funds go to support travel opportunities for 4-H members.

Yours truly,

Gloria Kraft

County 4-H Agent

MISSION STATEMENT

The Rutgers Cooperative Extension 4-H Youth Development Program uses a learn by doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.

The mission is accomplished by using the knowledge and the resources of the land grant university system, along with the involvement of caring adults.

Rutgers New Jersey Agricultural Experiment Station Cooperative Extension educational programs are offered to all without regard to race, religion, color, national origin, ancestry, age, sex, sexual orientation, gender identity and expression, disability, atypical hereditary cellular or blood trait, marital status, civil union status, domestic partnership status, military service, veteran status, and any other category protected by law. Rutgers Cooperative Extension encourages individuals with disabilities to participate in its programs and activities. If you need special accommodations, have questions about physical access, or require alternate means for program information, please contact your local Extension Office. Contact the State Extension Director's Office if you have concerns related to discrimination, (848) 932-3584.

Headlines is published five times a year: January, April, June, August and October.

Club reports, pictures, news and announcements may be submitted to Kelley Sennstrom

By e-mail: KSennstrom@co.burlington.nj.us

By standard mail: Rutgers Cooperative Extension
4-H Youth Development
PO Box 6000
Mount Holly, NJ 08060

By Fax: 609-265-5613

In person: 4-H Office, 2 Academy Drive,
Westampton, NJ 08060

The next submission deadline is August 22, 2013.



Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

Website www.co.burlington.nj.us/4h
E-mail 4-Hyouth@co.burlington.nj.us





Farm Fair Information



Paint the Barrels!

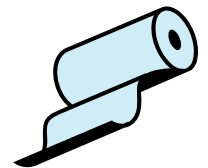
Paint the Barrels takes place at the County Fairgrounds on July 10, 2013.

10:00 a.m.-Noon OR 5:00 p.m.-7:00 p.m.

Themes: "Cultivate the Red, White, and Blue" OR a 4-H Club Project Area.

You must bring your own paint, containers, brushes and cleaning supplies. Some containers are available.

Rain date is Thursday, July 11th.



Don't Forget!

All non-livestock exhibits on display in the 4-H Exhibit tent at Farm Fair must be picked up beginning at 9 pm on Saturday, July 20th. This includes photography, arts & crafts, posters, creative writing, sewing, knitting, and other items which were delivered to the 4-H office in June for judging. Additionally this includes club banners and club booths.

Any items left in the tent at the close of fair (11 pm) are not the responsibility of the 4-H Office. If you are unable to be there to pick up exhibits, please make arrangements with a fellow 4-H'er or a club leader.



2013 'Kiss the Pig'

2013 Contestants

Billy Everham

Crazy Critters member

Lisa Ryan

Crazy Critters Leader

Charles Griffin, Jr.

Carrot Club member

Alexis Arnell

2012 Farm Fair Queen



Donations can be made in the 4-H Small Animal Tent. The actual Kissing of the Pig will take place on Saturday, July 20th at 3 pm during Farm Fair.

BE SURE TO VOTE!!

The contestant with the most donations will pucker up and kiss the pig!



Farm Fair Information



Info Table Sign-up (current as of June 21, 2013)

Below is the Information Booth schedule as of June 21st.

Please remember the time slot your club is signed up to greet the public and monitor the 4-H exhibit tent. Be on time so that you can relieve the other volunteers.

While at the 4-H information booth, you will answer questions about 4-H and encourage people to leave their names and addresses so we can send them an information packet. Volunteers will also sell raffle tickets for the Leaders' Council Quilt Raffle and supervise the exhibits in the 4-H tent.

Help is needed July 14th and July 21st at the Fairgrounds for set up and tear down. Every club should be helping in some way. Call the office to sign up.

TIME	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 – 12:00	Fancy Feathers	Joint Base– MDL	4 Hands Round	SET to Explore
12:00 – 2:00	Act Artistic	Tri-Boro 4-H Riders	Mason Run	Playful Petz
2:00 – 4:00	Clover Kids	Crazy Critters	Robotics	Trot to the Top
4:00 – 6:00	Barnyard Bandits	Active Citizenship	Robotics	Cloggers
6:00 – 8:00	Arrow Slingers	Active Citizenship	Horses' Heroes	Cloggers
8:00 – 10:00	We Love Ewes	Kidz Can Cook	Caring Canines	Winning Waggers

Horticulture Entries

From cut flowers to potted houseplants, vegetables to potted gardens, and beyond there are sure to be classes that many 4-H members can enter. Club members do not need to have a gardening project book to exhibit. If you would like more information or need entry tickets please contact the 4-H office.

Horticulture entries must be brought directly to the fairgrounds on July 17th, before 10 a.m.

4-H Club Booth

Club booth set up will take place Tuesday, July 16th, 2013 between 4 and 8 pm. See the 2013 Class List for tips and hints for setting up your booth. All tables must have skirts.

Bring all the supplies you need... scissors, tape, string, staples, hammer, etc. Party stores carry the plastic table covers and skirts. Tables are 4'x 8'.

Club booths may be taken down *after* 9 pm on Saturday, July 20, 2013.

Send Your Show Results!

After the fair, send in your show results for inclusion in the next issue of Headlines.



The deadline is August 22nd.

See Page 2.



Congratulations, Graduates!



2013

Lindsey Woytowich of Mason Run 4-H Club will double major in accounting and dance at Muhlenberg College in the fall. Lindsey is a graduate of Seneca High School.

Rosemary Shields has been a proud member of the 4-H Cloggers for ten years. She is attending Burlington County Community College for now with a possible major in finance. Rosemary will also be attending cosmetology school and plans to continue dancing and helping her 4-H club.

High School graduates **Evan Kopertowski** and **Kadi Brogan** from the 4-H Carrot Club will be attending Burlington County College in September 2013.



4-H Burlington County Players: **Alex McBride, Travis Schaeffer, and Jessi Young.**

Animal Adventures: **Ashley Kerr**

Barnyard Bandits: **Elizabeth Alexander and Shelby Logan.**

Burlington County 4-H Cloggers: **Alexandria Lines and Rosemary Shields.**

Caring Canines: **Tyler Bentley, Hannah McIntyre, and Kalena Seaman.**

Carrot Club: **Kadi Brogan, Charles Griffin Jr., Sarah Grimes, Evan Koperowski, and James Sprenger Jr.**

Crazy Critters: **Vince DiStefano and Kayla McDonald.**

Four Generations: **Julie Dinkler**

Klassic Kows: **Matthew Drayton**

Mason Run: **Lindsey Woytowich**

Nimble Creek 4-H Riders: **Mary Grace Crusser**

Playful Petz: **Amber McLaughlin**

Suffolk Stables 4-H Riders: **Jenna LeClair**

Tri-Boro 4-H Riders: **Jessica Funk, Mariya Lee, and Keeley Titus.**

We Love Ewes: **Catherine Cincotta**

Winning Waggers: **Danielle Jones**

Young Riders: **Alexandria Summers**



Club News



Caring Canines

Please welcome **Irwin**, a male German Shepherd, **Calvin**, a male Yellow Lab/Golden Cross, and **Jane**, a female Black Lab, **Lexie**, a female German Shepherd and **Nikki**, a female German Shepherd as our new additions to our club. **Ginger** has gone back to the Seeing Eye for "college". We wish everyone good luck!

April - Members of Caring Canines were escorted by airline staff at the Atlantic City Airport. Pups went through all the steps of airline travel. Members presented at Jaggard School in Marlton to first graders on their Science Expo Day. Puppies were bathed and groomed on their "Puppy Spa Day" at BCIT in Medford in anticipation of the State dog show. We had a beautiful day for Rutgers Day. Pups participated in the Seeing Eye portion of the State dog show. All the pups did great! Specifically, **Tyler Bentley** with **Holly**, a 5 month old German Shepherd placed Third in her division, **Hannah McIntyre** with **Lydia**, a 6 month old Golden Retriever received Honorable Mention in her division and **Corinne Cooper** with **Roxie**, an 11 month old German Shepherd placed First in her division.



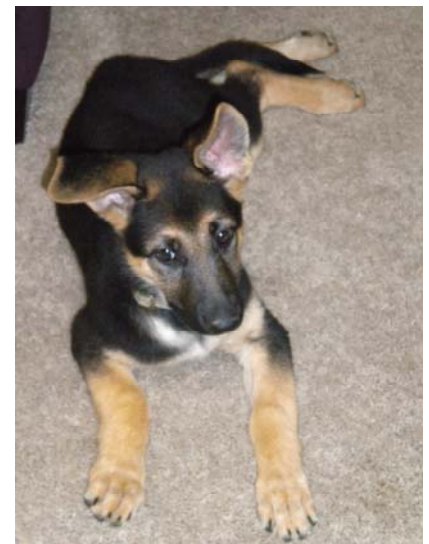
Pictured above, left to right: **Corinne Cooper** with Roxie and **Abby Clifford** with Zippy

May - Members presented to a Girl Scout Troop at Kingston Elementary School in Cherry Hill. We also attended Liberty Lake's Community Day. We greeted shoppers at Tractor Supply to promote 4-H during their Paper Clover Fundraiser and to sell raffle tickets for the Leaders' Council quilt raffle. Members attended the Lions Convention in Atlantic City to help promote Seeing Eye and the wonderful guide dogs that they can provide. Members attended Mount Holly Armed Forces Appreciation Day. Members presented to a Girl Scout Troop in Moorestown. Members accepted a check to the Seeing Eye from Edgarton Christian School and Temple Beth Shalom Pre-school.

As you can see, we have been very busy. We are planning for our Summer events which include

Earth Day, the Cowtown Rodeo, the Farm Fair, Burlington County Farmers' Market, and the Bridgeton Races.

Submitted by Linda Berk
Leader, Caring Canines 4-H Club





Club News



Active Citizenship Club Hosts Field Day

Pictured below: **Kelly DiStefano** completes a push-up while Active Citizenship Club members **Ken Emery** and **Abe Reuther** along with John Reuther cheer her on and count repetitions during the Presidential Fitness Field Day event held April 27 in Lumberton. Kelly went on to receive a National Level ribbon for her overall performance.



Pictured below: **Morgan Mucheru** does a curl-up while Nathan Emery holds her legs in place.



Pictured at left: Club leader Deborah Ryder, left, prepares runners to start the 1-mile run.

Pictured below: Participants show their muscles at the end of the event.



A prize drawing sent participants home with gift cards to WaWa, Subway and Dick's Sporting Goods. Two lucky winners took home a Presidential Fitness mat.

Submitted by
Paul Dragan

Website www.co.burlington.nj.us/4h
E-mail 4-Hyouth@co.burlington.nj.us



Club News



Burlington County 4-H Cloggers

Hello all! It's the beginning of what looks to be shaping into a beautiful summer for the Burlington County 4-H Cloggers. At the peak of the season for performances the Cloggers have been practicing hard. The beginners are learning many new dances and showing much improvement in their learning, as are the intermediates and other dancers. We have a few events coming up very soon, some of which include dancing at the Pine Barrens Festival, Creek Camp Run, and Farm Fair, which is one of the biggest performances for the Cloggers. We would love to see you at a performance! Not only do we dance, but for many years the Burlington County 4-H Cloggers have participated in painting the barrels for Farm Fair. Every year painting the barrels is a fun group experience that is a very friendly competition. This also helps our members learn to work as a team and figure out fair ways to include everybody's ideas.

The state level public presentations have passed and the Cloggers have had quite a few eligible members participate. In order to qualify to present at state level, you must: be part of a 4-H group, in 8th-13th grades, and have earned an excellent at county level. We are very proud of all our members who presented at county and state levels, and look forward to presentations next year as well. Until next time!

Submitted by
Lauren Guest

My Experience in 4-H Public Presentations

By **Morgan Emery**

Hello. I am a member of the 4-H Active Citizenship club. This year, I did my first Public Presentation as a 4-H member. I was so nervous about doing it, but my mom made me do it.

The topic I chose was "The History of Pac-Man." The reason I chose that topic was because Pac-Man is my favorite video game, so I wanted to give other 4-Hers a chance to learn about the history of this video game. I learned a lot in my research, but most importantly, I learned a lot about *how* I should research certain topics: which websites to go to, what to take notes on, how to organize the information, and so on. When the day came to do Public Presentations, I was very, *very*, nervous. I kept saying, "Oh mom! Do I have to do this? Do I have to?" over and over and over. It's funny, because I was so nervous, yet when I got up to speak, I wasn't nervous at all! After my presentation, I felt happy and content, not only because I had got my presentation over with, but also because I had gotten a blue "Excellent" ribbon!

I like 4-H Public Presentations a lot, because it gives me a chance to practice public speaking skills as well as overcome my slight shyness. I think I am going to do Public Presentations again next year, because I enjoyed doing it this year.

Trot to the Top

Trot to the Top is busy. We just did a road clean-up in Shamong on June 2. Then we had pool/pizza and a brief meeting.

We will be volunteering at the next qualifying show on June 22. We will also be greeting the public at the Burlington County Farmers' Market on August 10.

We have been having great meetings with very informative presentations. We voted to do a fun day, so we are trying to pick a date to go to Great Adventure.

Submitted by
Cameron Mohr



Pictured above: Club members at the clean-up.



Show and Event Results



State 4-H Public Presentations were held on June 9, 2013. Of the 34 county 4-H members who were eligible to go to the state competition, 22 presented. Congratulations for representing Burlington County so well!

Verity Cheslo

Stephen Costa

Kelly DiStefano

Tina DiStefano

Julie Dinkler

Luke Dinkler

Matthew Dinkler

Marit Edwards-Ronning

Kimberly Guest

Christian Hoffman

Clarissa Hoffman

Kirsten Jeansson

Kerri McBride

Meredith McBride

Alexa Pestritto

Abe Reuther

Eric Robinson

Anna Lia Sullivan

Angela Taylor

Grace Titus

Alex Van Meter

Madeline Winklespecht

Congratulations to the room winners: **Meredith McBride**, **Eric Robinson**, and **Grace Titus**.

Burlington County Times Teen Excellence Winners Include 4-H'ers!

Alexis Arnell, Young Riders Club member, and **Angela Taylor**, teen leader of Act Artistic 4-H Club, are among 26 outstanding teens selected for recognition this year. Way to go!

Leaders' Council Corner

Mark your calendars for these important dates:

September 6

4-H Members' Project Record Books due and Awards & Recognition paperwork due

September 16

Leaders' Council Meeting and Record Book Judging

October 20

Batsto Country Living Fair- Contact 4-H office for participation information

October 25

Volunteer Recognition Event and Quilt Raffle Drawing

Leaders' Council 20th Annual Quilt Raffle Fundraiser

2013 Prizes:

**King/Queen size quilt
Lap size quilt
Set of quilted pillows**

**Tickets \$1.00 each or
Books of 6 for \$5.00!**

Extra tickets are available by request to be sold at outreach events your club may attend, such as Blueberry Festival, township community days, Farmers' Market days, and more.

Let's aim to make this the most successful year yet!

Drawing will be held on October 25, 2013.

Support Burlington County 4-H Youth!

Website www.co.burlington.nj.us/4h
E-mail 4-Hyouth@co.burlington.nj.us



Show and Event Results



The New Jersey 4-H State Dog Show and Seeing Eye Show were held on April 27, 2013, at Rutgers in New Brunswick. 113 4-H members from eleven counties participated, representing twenty 4-H clubs.

Participants representing Burlington County 4-H Clubs

Caring Canines:

Tyler Bentley, Abigail Clifford, Amanda Coburn, Corinne Cooper, Hannah McIntyre, and Sarah McIntyre.

Winning Wagggers:

Julia Allison, Lana McDaniel, Torr Robbins, Sophia Rogers, Abigail Van Meter, Alexander Van Meter, and Hannah Wilson.

Best in Show Rally Novice

Sophia Rogers

Seeing Eye Puppies, 6-9 months

3rd **Tyler Bentley**

4th **Sarah McIntyre**

Honorable Mention **Hannah McIntyre**

Seeing Eye Puppies, 10-13 months

1st **Corinne Cooper**

Junior Show

Grades 10 and up, Experienced

4th **Lana McDaniel**

Grades 7-9, Master

2nd **Sophia Rogers**

Junior Show, continued

Grades 7-9, Novice

2nd **Alex Van Meter**

Grades 4-6, Open (Experienced)

1st **Abigail Van Meter**

Agility

Jumps, tables, tunnels, tab lead 16"

1st **Julia Allison**

Jumps, tables, tunnels, off-lead 12"

2nd **Abigail Van Meter**

Standard, off-lead 8"

2nd **Lana McDaniel**

Rally Novice, grades 4-7

1st **Julia Allison**

Honorable Mention **Torr Robbins and Abigail Van Meter**

Rally Novice, grades 8-9

1st **Sophia Rogers**

Honorable Mention **Alex Van Meter**

Rally Novice, grades 10 and up

4th **Lana McDaniel**

Canine 4-H Art Show

April 14, 2013

Visual Art-Painting Division

4th-6th grades:

1st Place **Abigail Van Meter** for "A Portrait of My Dog Miles"



Photography Division

4th-6th grades:

1st Place and 3rd Place **Abigail Van Meter**

7th-9th grades:

1st Place **Alex Van Meter**



News you can use...



Become a fan of the official
New Jersey 4-H Facebook page!

WWW.FACEBOOK.COM/NEWJERSEY4H

- Share your 4-H story
- Connect with 4-H'ers & alumni
- Receive updates about events

4-H

Since its humble beginnings more than 100 years ago, 4-H has grown to become the nation's largest youth development organization. The 4-H idea is simple: help young people and their families gain the skills they need to be proactive forces in their communities' and develop ideas for a more innovative economy. That idea was the catalyst to begin the 4-H movement, and those values continue today.

Visit 4-h.org to learn about the history of 4-H, to find resources for your club, or to see more ways to be involved in your world through 4-H opportunities.

JOIN | THE REVOLUTION OF RESPONSIBILITY



Visit another county's fair!

Atlantic County 4-H Fair	Aug 8-10	Middlesex County Fair	Aug 5-11
Bergen 4-H and Master Gardener Fair	Sept 28-29	Monmouth County Fair	July 24-28
Camden County 4-H Fair	Aug 2-4	Morris County 4-H Fair	July 18-21
Cape May County 4-H Fair & Chicken BBQ	July 18-20	Ocean County Fair	July 9-14
Cumberland County Fair	July 1-6	Salem County Fair	Aug 6-9
Gloucester County 4-H Fair and New Jersey Peach Festival	July 25-28	Somerset County 4-H Fair	Aug 7-9
Hunterdon County 4-H & Ag. Fair	Aug 21-25	Sussex County Farm & Horse Show/ New Jersey State Fair	Aug 2-11
Mercer County 4-H Fair	Aug 3-4	Warren County Farmers' Fair	July 27-Aug 3



News you can use...



Look what's happening around the county!

The following events take place in county parks. All are county-sponsored events. Visit the county website for a full program description, location information, and registration requirements: www.co.burlington.nj.us/parks and click on 'Programs' or call the Parks Department at 609-265-5858.

Youth and Adult Programs:

Overnight Outdoor Adventure	June 29-June 30
Butterflies at Smithville	August 3

Junior Ranger Program: Park Pal (ages 5-8) and Outdoor Adventurer (ages 9-12)

Register by July 20 to be a Junior Ranger. Individual programs have specific registration deadlines.

Mammals

Ages 5-8 June 26 or June 29

Ages 9-12 June 27 or June 29

Science of Spiders

Ages 9-12 July 10 or July 27

Seining

Ages 5-8 July 11 or July 13

Ages 9-12 July 13

Animal Diversity

Ages 5-8 July 17

Beneficial Insects

Ages 9-12 July 20

Animal Classification

Ages 9-12 July 24

Amphibian Life Cycles

Ages 5-8 July 25

Symbiosis

Ages 9-12 July 31 or August 17

Butterflies

Ages 5-8 August 1

Amphibians & Conservation

Ages 9-12 August 7

Scavenger Hunt

Ages 5-8 August 8 or August 10

Trees Please

Ages 5-8 August 14

What's that Tree?

Ages 9-12 August 15

Get connected! To receive email notifications about other opportunities in Burlington County, send an email and request to be put on a distribution list:



The County Bell (online only).....	parks@co.burlington.nj.us
Recycling News & Events.....	recycle@co.burlington.nj.us
Volunteer Cleanups.....	cleancomm@co.burlington.nj.us
Nature Programs.....	jbulava@co.burlington.nj.us

Website www.co.burlington.nj.us/4h

E-mail 4-Hyouth@co.burlington.nj.us



Upcoming Events



Teen Council End of Year Party

August 5th

The August meeting of Teen Council will be an end of year party. Please RSVP to the 4-H office. Any county teen in grades 8 through one year out of high school may join Teen Council. You need not be a 4-H member.

Youth who are entering grade 8 in the fall are also invited to attend the August Teen Council meeting to learn what Teen Council is all about. Please call the 4-H office for more information about Teen Council in general, the August meeting, or to confirm your attendance.

Save the Date!

4-H Writing Workshop

October 8, 2013

Workshop will lead youth through writing exercises aimed to improve writing skills such as those used to write a 4-H Story for project record books.

More information will be available soon!

Project Record Book

Due September 6, 2013

It's not too soon to think about completing your project record book! Make sure to complete all sections and get your required signatures!

Record Books will be due in the 4-H office by Friday, September 6, 2013. When dropping off record books, you must obtain a receipt.

National 4-H Youth Science Day

October 9, 2013

The 2013 National Youth Science Day experiment will be '4-H Maps & Apps'. The activities will turn young people into geospatial thinkers as they design and map their ideal park, use GIS mapping to solve community problems and contribute data about their community to the United States Geological Survey.

4-H clubs are encouraged to participate in this nationwide event. Experiment guides and more information can be found on the [National 4-H Youth Science Day website](#).

GEOWEBINAR SERIES

In preparation for 4-H National Youth Science Day 2013, *4-H Maps & Apps*, the NAE4-HA Geospatial Taskforce, in partnership with National 4-H Council and Esri, is offering a series of 30-minute webinars to increase educators' comfort level when conducting 4-H geospatial activities.



Participants will gain the knowledge to lead or train others to lead:

- a NYSD geospatial activity;
- geospatial activities beyond the NYSD event.

Dates of the 4-H NYSD GeoWebinar Series

- **July 25, 2013** - Learn to think spatially. Position yourself and your program to get the most value from National Youth Science Day.
- **August 8, 2013** - Storytelling with maps. From photos to web links, explore a variety of venues that add uniqueness and personalization to a map using basic geospatial technology.
- **August 22, 2013** - Create digital maps. Discover how a simple Excel spreadsheet can put you on the road to geospatial applications in almost any program area.
- **September 5, 2013** - Add value to what matters. Go beyond putting dots on maps and learn how simple GIS can make a big difference in your community.

Attend all or as many as you can! All webinars are free and will be held from 2:00 - 2:30 p.m. EST

[Sign up](#) to indicate your interest and to receive details to participate in the webinars.

Spread the word and be sure to save the dates. For questions, email bhecht@4-H.org or call 301.221.4859.



Teen 4-H News



Youth in grades 8 through one year out of high school have special 4-H opportunities! See the list below for the details!

Teen Council! Teen Council is a group of teens who meet once a month. They focus on leadership, life skills, and community service. Any county youth in grades 8 and up may join. You need not be a 4-H member.

State level public presentations! Earn an excellent score on your county level public presentation at the annual public presentations event and you can move on to the state level competition.

Trips! See the list of trips in the graphic to the right. Some trips require an application and interview to be selected, such as National 4-H Congress, National 4-H Conference and Citizenship Washington Focus. Others are open to all teen members in good standing.

South Jersey 4-H Teen Conference (SJTC): A weekend conference with educational workshops, social activities, and community service. Takes place each year in March.

STAC: The state version of a county teen council, STAC (State Teen Action Council) is an opportunity to serve at the state level, providing advice and input to the State 4-H Youth Development Program.

Youth Representative to the State 4-H Association: Two youth are selected to serve one year as a youth representative to the association whose primary purpose is to assist in maintaining and expanding a strong 4-H program in the New Jersey. Elections take place at SJTC and at NJTC (North Jersey Teen Conference).

NJ State 4-H Camp Counselor in Training and Camp Volunteer: Youth who have completed 9th grade may serve as Counselors in Training (CIT) and youth who have completed 11th grade and are 16 or older may apply to be camp volunteers. Youth through leadership and personal development experiences.

Learn more about these opportunities by visiting the State 4-H web page for teens, <http://nj4h.rutgers.edu/teens/>, or call the 4-H office!

Teen 4-H Trips!

4-H MORE than you imagined!

Highlights:

- South Jersey Teen Conference (SJTC)
- Winter Camp (Lindley Cook NJ 4-H Camp)
- Citizenship Washington Focus (CWF), Washington, D.C.
- National 4-H Congress, Atlanta, GA
- National 4-H Conference, Washington, D.C.

Every 4-H trip is a blast! The friendships, experiences, and learning that teen 4-H members can enjoy on these trips is outstanding! SJTC and Winter Camp are New Jersey state trips where members can meet other 4-H'ers from their county and state. The 3 national trips allow 4-H members to make new friends nation wide. The only thing that will be regretted about these trips is not attending!

~Catherine C., 4-H Teen

Save the dates!




SJTC (1st weekend in March)
Winter Camp (Weekend in January)
CWF (Full week before Farm Fair)
National 4-H Congress (November)
National 4-H Conference (April)





July and August



July						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Teen Council Meeting	2	3 Horse Advisory Meeting	4 Fourth of July- Office Closed	5	6
7	8 Kidz Can Cook Club Meeting	9	10 Paint the Barrels, see page 3	11 Tri-Boro 4-H Riders Club Meeting	12	13 4-H Day at County Farmers' Market
14 Fairgrounds set up	15 Young Riders Club Meeting	16 Club Booth set up, see page 4	BURLINGTON COUNTY FARM FAIR, JULY 17-20			
21 Fairgrounds take down	22	23	24	25 Tri-Boro 4-H Riders Club Meeting	26	27
28	29	30	31			
August						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 Teen Council Meeting, see page 13	6	7 Horse Advisory Meeting	8 Tri-Boro 4-H Riders Club Meeting	9	10 4-H Day at County Farmers' Market
11	12 Kidz Can Cook Club Meeting NJ 4-H State Dairy Cattle Show	13	14 SET to Explore Club Meeting	15	16	17 NJ 4-H State Equestrian of the Year Contest
18	19 Young Riders Club Meeting	20	21	22 Tri-Boro 4-H Riders Club Meeting Submission deadline for next issue of Headlines, see page 2 NJ 4-H State Goat Show	23 NJ 4-H Horse Show (day 1 of 3)	24 NJ 4-H Horse Show (day 2 of 3)
25 NJ 4-H Horse Show (day 3 of 3)	26	27	28	29	30	31

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January, April, June, August and October

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HEAD



HEART



HANDS



HEALTH

The 4-H Pledge:

I pledge My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service, and

My Health to better living,

For my club, my community, my country,

And my world.

The 4-H Motto:

To Make the Best Better!

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