

PLEASE FILL OUT:

Name _____

Address _____

Phone _____ Grade _____

Signature of Parent _____

Please check off your areas of interest:

- 4-H Cloverbuds (Grades K-3)
- Horses
- 4-H Teen Council
- Seeing Eye Puppy-Raising
- Goats
- Sheep
- Small Animals
- Dairy Cows
- Camp
- Operation: Military Kids and Speak Out for Military Kids
- I will volunteer to help make a difference for youth
- Other ways to be involved with 4-H

4-H is a **community** of



young people

across America who are learning
leadership, citizenship and
life skills.

4-H Pledge and Motto

The 4-H Pledge:

*I pledge my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service,
and my HEALTH to better living
for my club, my community, my country,
and my world.*

The 4-H Motto:

To Make the Best Better!

New Jersey 4-H Facts

In 2014:

- 12,582 youth were members of organized 4-H clubs.
- 3,748 adult volunteers donated, on average, 220 hours per year preparing for club meetings and teaching youth.
- 38,177 youth were involved in 4-H school enrichment programs.



RUTGERS

New Jersey Agricultural
Experiment Station

Burlington County

4-H



Look inside to see what 4-H has to offer!



Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

What is 4-H?



4-H is an informal, practical educational program for youth. The 4-H Youth Development program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.

What are 4-H clubs?

4-H clubs are small groups of youth meeting together on a continual basis to explore and learn about selected project areas. A 4-H club may concentrate on one or more projects such as rabbits, sewing, photography, etc. 4-H members build leadership by electing officers and conducting business meetings. They also learn public speaking skills through club and county public presentations.

Who leads the 4-H program?

Volunteers are the key to providing 4-H programs for youth. Interested adult volunteers are always welcome to lead clubs as well as assist with 4-H activities. Training is provided by the professional staff. No previous experience is necessary.

Who can join?

The 4-H club program is open to all youth in grades K-13 (one year out of high school.) Youth in grades K-3 can be 4-H Cloverbud members. The 4-H Cloverbud Program is a non-competitive learning experience where youth are exposed to a wide variety of 4-H projects. Youth members in grades 4-13 may exhibit their completed project work for competitive awards.



Teen 4-H members have special opportunities, such as serving on a county-wide 4-H Teen Council or attending state and national events.

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NJ 4-H website: www.nj4h.rutgers.edu

For More Information

If you would like more information about 4-H, please complete this tear-off section and mail it to the Burlington County 4-H Office:

Rutgers Cooperative Extension
Burlington County 4-H Office
P.O. Box 6000
Mount Holly, NJ 08060



You may contact us by phone at 609-265-5052 or stop by in person, Monday through Friday, 9 am to 5 pm. Our office is located at 2 Academy Drive in Westampton, NJ 08060.

Send e-mail inquiries to:
4-Hyouth@co.burlington.nj.us

Visit Burlington County 4-H on the web:
<http://www.co.burlington.nj.us/4h>

The 4-H program is sponsored in part by the Burlington County Board of Chosen Freeholders.

**4-Hers Learn
by Doing!**