



Hot lines

2nd Floor Youth Helpline

(888) 222-2228

2NDFLOOR is a youth helpline designed to listen, help and guide youth in addressing challenges. 24 hours a day, 7 days a week

Contact of Burlington County Teenline

(856) 234-0634

A teen to teen hotline. Provides non-judgmental confidential support. Allows teens to talk about the stressors in their lives and how to manage them. Monday-Friday, 4pm-8pm

Contact of Burlington County Rape Care Program — 24 Hours

(856) 234-8888

Provides counseling and support for victims and their love ones of any sexual assault.

Providence House — 24 Hour Domestic Violence Hotline

(609) 871-7551 or (877) 871-7551

For victims and their children in need of crisis counseling and/or a safe haven from abuse, as well as information, appointments and referrals.

National Runaway Switchboard

(800) 786-2929

24 hour crisis hotline. Free/confidential crisis intervention and information and referrals.

National Suicide Prevention Lifeline

(800) 273-talk (8255)

Call if you are in a suicidal crisis or emotional distress or if you are concerned about someone you care about.

Children's Crisis Response

(877) 652-7624

Offers time limited crisis intervention and stabilization to children and youths exhibiting emotional and behavioral disturbances that threatens or disrupts their current living arrangements.

Navigating through the teen years can be challenging at times. School is supposed to be an environment that is safe and designed for learning. But sometimes it can be really hard to learn—especially when you're dealing with issues at home or outside of school that really stress you out. However, there never is a reason that you should have to handle it alone. In addition to "just teachers" schools are full of staff, faculty and volunteers who either are trained to assist you themselves or even more importantly can direct you to the appropriate places to help you get the help you need. The best person to start with is the person you feel most comfortable with; because we're all different we have different experiences, and the people we connect with may vary.

Once you've identified the person you feel most comfortable with, you can trust that they are going to do their best to steer you in the right direction. Nowadays practically every adult working in a school had been trained on how to support and direct students – so you shouldn't have to worry about saying anything that will cause them to freak out. We've compiled a list of some of people you can feel comfortable talking to about the things you are experiencing. Most schools have at least one or more people in the following titles:

- Activities and Club Coordinators
- Guidance Counselors
- Child Study Team/Psychologist
- Principals/Administrative Team
- ROTC Instructors
- School Nurse
- School Social Worker
- Substance Abuse Counselor/Student Assistance Coordinator
- Teachers/Teachers Aides
- Security Officers
- School Resource Officers
- School Bus Drivers
- School Based Youth Service Programs
- Trusted Peers

It's really just a matter of asking. Don't feel like you have to do it alone....

Help is on the way!

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Family Support Organization—Youth Partnership

1632 Route 38 East
Lumberton, NJ 08048
(609)265-8838

http://www.fsoburlco.org/youth_partnership

For youth ages 13 - 21 years old that are experiencing behavioral, emotional or mental health challenges. The mission is to inform and educate the Burlington County community about youth mental health issues. Be part of something positive while you meet others who understand. Meet time is every Thursday evening at the Family Support Organization from 6:30 - 8:30pm.

Crossroads Programs

610 Beverly Rancocas Road, Willingboro, NJ 08046
(609) 880-0210

- **Pre-Teen Promise** acts as both a deterrent to disruptive behaviors as well as a preventative therapy for those teens who might otherwise enter the juvenile criminal justice system.
- **Boys and Girls Circle** are school based mentoring programs serving pre-teen boys and girls respectively by family assessments, supportive counseling, crisis intervention and an improved connection to school.

Youth Services Continued

T.E.A.M. (Teens Exposing Alcohol Myths)

Prevention Plus of Burlington County Inc.
1824 Route 38 East, Suite B
Lumberton, NJ 08048
(609) 261-0001
<http://www.prevplus.org/>

To promote the health, wellness and safety of the individuals and families of our community by providing professional services for the prevention of the abuse of alcohol, tobacco, other drugs and related issues through education, collaboration and advocacy.

The Family Success Center

45 High Street
Mount Holly, NJ 08060
(609) 267-4001
http://www.drenk.org/services_familysuccess.shtml

Offers after-school tutoring; teen mentoring; babysitting certification classes; parenting classes for teen parents; volunteer opportunities for teens and clothing drive.

Big Brothers Big Sisters of Burlington/Camden/Gloucester Counties

100 Dobbs Lane Suite 202
Cherry Hill, NJ 08034
(856) 616-2340
<http://www.bbbsbcg.org/>

Youth ages 6-18 are matched with mentors in professionally supported one-to-one relationships.

Red Cross Youth Group

American Red Cross of Camden and Burlington Counties

5425 Rt. 70 West
Pennsauken, NJ 08109
(856) 365-7100
<http://redcrossyouth.org/>

Calling all high school students (9th–12th grades) interested in meeting new people who share your views in helping in the community.

Information and Referral

NJ 2-1-1

Free; confidential; multi-lingual; TTY accessible; Available 24/7
Dial 211 from any landline or cellphone
<http://www.nj211.org/>

Provides comprehensive information and referral services to callers about a variety of issues, including: food banks, clothing, shelters, after school programs, Kids Care (health insurance programs), family resource centers, summer camps, recreation programs, mentoring, medical information lines, crisis intervention services, support groups, counseling, drug/alcohol intervention and rehabilitation, financial assistance, job training, transportation assistance and education programs.

Christian Caring Center

378 Lakehurst Road, Browns Mills, NJ 08015
(609) 893-0700 Monday-Saturday 10am-3pm

Emergency food and clothing, thrift store and community lunch program.
Bring proof of county residency.

The Lester A. Drenk Behavioral Health Center

1289 Route 38, Hainesport, NJ 08036
(609) 267-5656
<http://www.drenk.org/>

Provides emergency crisis intervention — SCIP (county screening center) and Mobile Response — 24 hour on call emergency services that comes to your home in cases of family crisis, outpatient therapy, and psychiatric services.

Prevention Plus of Burlington County

1824 Route 38 East, Suite B, Lumberton, NJ 08048
(609) 261-0001
<http://www.prevplus.org/>

Provides services for the prevention of alcohol abuse, tobacco, other drugs and related issues through education, collaboration, and advocacy.

School-Based Youth Services Program

Pemberton & Willingboro High School

Provides crisis intervention; individual and family counseling; primary and preventative health services; drug and alcohol abuse counseling; employment counseling; training and placement; summer and part-time job development; referrals to community-based services; recreation; mental health and family counseling services; pregnancy prevention programs; learning support services; services for Lesbian, Gay, Bisexual, Transgender, & Questioning students and violence prevention.

Burlington County Health Department

15 Pioneer Boulevard, Westampton, NJ 08060

(609) 265-5548

<http://www.co.burlington.nj.us/health>

Confidential STD and HIV/AIDS counseling, testing, and education services offered at no cost to county residents. Walk-in Clinics (no appointment necessary).

Tuesdays 3pm-5pm & Wednesdays 5pm-7pm

WIC (Women, Infant & Children)

15 Pioneer Boulevard, Westampton, NJ 08060

(609) 265-4304

<http://www.co.burlington.nj.us/health>

Nutritional counseling and supplemental foods to pregnant, new moms and nursing moms and their children through age 5. Eligibility is based on income and nutritional needs. WIC clinics are located at multiple sites within the county. Call for information.

Virtua Community Nursing Services

15 Pioneer Boulevard, Westampton, NJ 08060

(609) 265-1950

<http://www.co.burlington.nj.us/health>

Prenatal, postpartum and newborn education & home visits to eligible county women and children; well-baby clinics for childhood immunizations; lead poisoning prevention; home visiting program; and school age and adult immunizations (flu, pneumonia, hepatitis, etc.).

Southern Jersey Family Medical Centers, Inc.

2 Locations in Burlington County:

Buttonwood Center, 600 Pemberton-Browns Mills Rd., Pemberton, NJ 08068

Burlington Center, 651 High Street, Burlington, NJ 08016

(800) 486-0131

<http://www.sjfmc.org/>

Pediatrics and well-baby care, family medicine for the entire family and dental care.

Burlington County College Dental Hygiene Center

601 Pemberton Browns Mills Road (County Route 530)

(609) 894-9311 ext. 1074

Preventive services available: examinations, cleanings, fluoride treatments, x-rays and sealants. There is a nominal charge of \$5.00 per visit.

Crossroads Programs

610 Beverly Rancocas Road

Willingboro, NJ 08046

(609) 880-0210

Life Lessons is a Crossroads Program designed for those youth who are 'aging out' of the foster care system. Using both individual and group activities, it teaches basic life skills such as budgeting, job coaching and readiness, computer skills and training in other areas to encourage independence and sustainability.

Shelter and Assistance

Crossroads Programs Inc.

Trinity Place Host Homes

610 Beverly-Rancocas Road

Willingboro, NJ 08046

(609) 880-0210

<http://www.crossroadsprograms.org/>

Crossroads Programs includes both Group Homes and Treatment Homes to support young people who have run away from home, been abandoned, abused or who are exhibiting at-risk behaviors. A series of group homes including one for pregnant teens and one for the developmentally disabled, along with intensive support extended to treatment (foster) homes allows for emergency shelter in a temporary or permanent capacity.

Youth Services

The Burlington County Community Partnership for Healthy Adolescents Program

Burlington County Health Department

15 Pioneer Road

Westampton, NJ 08060

(609) 265-5548

<http://www.co.burlington.nj.us/hap>

Youth Advisory Board that meets every other month at the Health Department. The board focuses on community service projects, promoting youth activism and youth involvement throughout Burlington County (ages 13-17).

Job Assistance and Schools

Burlington County Youth Opportunity Program

795 Woodlane Road
Westampton, NJ 08060
(609) 265-5603

<http://www.co.burlington.nj.us/>

Provides tutoring, study skills training and basic skills instruction; alternative secondary school services or GED; occupational skills training (i.e. job search, resume preparation, job referral services, etc); mentoring and comprehensive guidance and counseling. Call to find out eligibility requirements.

Mid-Atlantic States Career and Education Center

111 South Broadway
Pennsville, NJ 08070
(609) 514-2200

<http://wegrowpeople.org/>

Focuses on building effective community partnerships, improving the health and well being of the individuals and families we serve, provide career and job skill development for disadvantaged and disabled workers, and create a sustainable, stable community.

Burlington County College

Pemberton Campus

601 Pemberton—Browns Mills Road
Pemberton, NJ 08068
(609) 894-9311
bcc.edu

Mount Laurel Campus

500 College Circle
Mount Laurel, NJ 08054
(856) 222-9311

Burlington County Youth Opportunity Program

795 Woodlane Road
Westampton, NJ 08060
(609) 265-5603

<http://www.co.burlington.nj.us/>

Provides tutoring, study skills training and basic skills instruction; alternative secondary school services or GED; occupational skills training (i.e. job search, resume preparation, job referral services, etc); mentoring and comprehensive guidance and counseling. Call to find out eligibility requirements.

Burlington County Parks and Volunteer

Burlington County Amphitheater

5 Pioneer Blvd, Westampton

Amico Island Park

Norman Ave, Delran

Historic Smithville Park

801 Smithville Road, Mount Holly

Long Bridge Park

Deacon Road, Hainesport

Pennington Park

Creek Road, Delanco

Historic Prison Museum

128 High Street, Mount Holly

Crystal Lake

Axe Factory Road, Mansfield

Boundary Creek Natural Resource Area

Creek Road, Moorestown

Volunteer Center of Burlington County

c/o Burlington County College: Parker Center, Room 221

601 Pemberton Browns Mills Rd.

Pemberton, NJ 08068

(609) 894-9311 x 1492 / (856) 222-9311 x 1492

<http://volunteercenterburlingtoncounty.org/>

Visit the website or call to connect to meaningful, rewarding volunteer opportunities throughout Burlington County. Volunteering can be done to fit your schedule.

Burlington County Libraries

Headquarters:

5 Pioneer Boulevard
Westampton, NJ 08060
(609) 267-9660

<http://www.bcls.lib.nj.us/>

Branch Libraries

Bordentown Library
18 East Union Street
Bordentown, NJ 08505
(609) 298-0622

Medford Library
39 Allen Avenue
Medford, NJ 08055
(609) 654- 6113

Branch Libraries Continued

Cinnaminson Library
1619 Riverton Road
Cinnaminson, NJ 08077
(856) 829-9340

Evesham Library (Marlton)
984 Tuckerton Road
Marlton, NJ 08053
(Located in the Evesham Municipal Building)
(856) 983-1444

Maple Shade Library
200 Stiles Avenue
Maple Shade, NJ 08052
(Located in the Maple Shade Municipal Building)
(856) 779-9767

Member Libraries

Beverly Library
441 Cooper Street
Beverly, NJ 08010
(609) 387-1250

Burlington Library
23 West Union Street
Burlington, NJ 08016
(609) 386-1273

Crosswicks Library
483 Main Street
Crosswicks, NJ 08151
(609) 298-6271

Delanco Library
M. Joan Pearson School
1303 Burlington Avenue
Delanco, NJ 08075
(856) 461-6850

Pemberton Library
16 Broadway
Browns Mills, NJ 08015
(609) 893-8262

Riverton Library
306 Main Street
Riverton, NJ 08077
(856) 829-2476

Florence Library
1350 Hornberger Ave.
Roebing, NJ 08554
(609) 499-0143

Mount Holly Library
307 High Street
Mt. Holly, NJ 08060
(609) 267-7111

New Gretna Library
North Maple Avenue
New Gretna, NJ 08224
(609) 296-6924

Riverside Library
10 Zurbrugg Way
Riverside, NJ 08075
(856) 461-6922

Member Libraries Continued

Willingboro Public Library
220 Willingboro Parkway
Willingboro, NJ 08046
(609) 877-6668

Recreation

Burlington County Council, Boy Scouts of America

693 Rancocas Road
Westampton, NJ 08060
(609) 261-5850
<http://www.bccbsa.org/programs/boy-scouts>
Develop character, citizenship, and personal fitness by focusing on a vigorous program of outdoor activities.

YMCA of Burlington County

59 Centerton Road, Mount Laurel, NJ 08054 — (856) 234-6200
302 Commerce Square Boulevard, Burlington, NJ 05016 — (609) 234-6200
<http://www.ymca-bc.org/>
Provides child care, after-school care, summer camp, pre-school/youth/teen/adult classes as well as fitness and aquatics programs, and programs specifically designed for cancer survivors. Financial aid assistance is provided for all programs.

Girl Scouts of South Jersey

Main Phone Number 1-800-582-7692
<http://www.gscsnj.org/>
Offers girls 5-17 programs such as summer camps, cookie program, after school programming and mentoring.

Perkins Center for the Arts

395 Kings Highway, Moorestown, NJ 08057
(856) 235-6488
<http://www.perkinscenter.org/>
Provides studio classes in the visual and performing arts, individual and group music lessons, and summer arts program.