



# News

Burlington County Board of Chosen Freeholders  
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## **FREEHOLDER DIRECTOR LEAH ARTER RECOGNIZES HEALTHY WEIGHT WEEK Campaign Promotes Healthy Living January 19 - 25**

As part of her 2014 initiative for a healthier Burlington County, Freeholder Director Leah Arter announced today that the Board of Chosen Freeholders will be recognizing Healthy Weight Week from January 19<sup>th</sup> through January 25<sup>th</sup>, 2014.

“Healthy Weight Week celebrates healthy lifestyles that last a lifetime and prevent eating and weight problems,” stated Freeholder Director Leah Arter, “This annual celebration is a time for all of our residents to live actively, eat well, and feel good.”

In recognition of Healthy Weight Week, daily posts promoting healthy living will be featured on the Burlington County Facebook page at [www.facebook.com/BurlingtonCountyNJ](http://www.facebook.com/BurlingtonCountyNJ).

“We encourage residents of all ages to take a look at our daily health tips on Facebook this week and take this opportunity to focus on healthy habits that can lead to longer and healthier lives,” said Arter.

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